

### ABSTRACT OF THE DISCLOSURE

A thermal fixing device includes: a fixing member configured to be in contact with a fixation medium; a first pressing member disposed to face the fixing member and presses  
5 the fixation medium to the fixing member; a second pressing member disposed to face the fixing member at a position downstream in a conveyance direction of the fixation medium with respect to the first pressing member and presses the fixation medium to the fixing member; and a changeover unit configured to change over  
10 a pressing force per unit area of at least one of the first pressing member and the second pressing member.